



Bike Ride the Schuylkill River Trail Sunday, July, 22th 11:00 a.m.

Calling all bike riders! Let's join the Tiroler & Main Line Ski Clubs and ride on the Schuylkill River Trail. Meet at the Manayunk Brewery 4120 Main Street, Philadelphia, PA 19127 (215) 482-8220) Specifically, on the rear deck near the driveway. We are planning to ride as far as Spring Mill/ Conshohocken and have an optional lunch (PAYG) at the Brewery at the end of the trip. The total distance for this ride is about 15-18 miles.

Directions: Manayunk

Contact Bob Campbell, designsyoullove@gmail.com or cell-- 215-327-8499, if you plan to join us on this ride. Leave your cell phone number and email address so you can be contacted if weather or plans change. Signed release and helmets required. Water, snacks and sunscreen optional.

Acknowledgement of Responsibility and Release of Liability

The Main Line Ski Club is a year-round social/sports club providing a variety of activities for its members. All individuals that participate on this ski trip do so at their own risk. Participant assumes the inherent risks associated with this activity, which can be dangerous. Risks may include but are not limited to such occurrences as altitude sickness, illness, disease, overexertion, broken limbs and alcohol overconsumption. By signing this document, I agree to take full responsibility for my own actions, safety and welfare. By assuming all risks involved, I agree not to hold Main Line Ski Club, its Officers, its Board Members or trip leaders liable for any accident or injury resulting from my participation in this Club activity. After reading, understanding, and accepting the Release of Liability, I hereby make a reservation for this trip and its activities.

Participants Signatures _____ Date _____